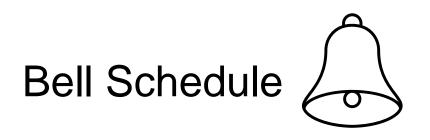


Wednesday March 29, 2023

### Heritage Woods Secondary

"WE ARE KODIAKS"





Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:59
Block 3	11:03 – 12:15
LUNCH	12:15 – 12:55
Block 4	12:59 – 2:11
Block 5	2:15 – 3:27



### Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

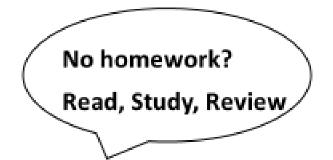
All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

# FLEXpectations

FLEX is instructional time, not a break!



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
  - \* <u>NOT</u> a space for groups to hang out
- Grade 12s ONLY in the Grand Hall



### Attention Grade 12's Update: CANCELLED & will be RESCHEDULED!

Wednesday March 29<sup>th</sup>, join us on the field during flex for a group grad session. Yearbook staff will be there to assist you with where you need to stand and where you should place your backpacks. Backpacks will not be part of the image.

We will have cones set up to help further guide where you should be standing.

Don't be late!

Mrs. Gilder will be taking 10 quick photos from the rooftop and will be giving further direction. This will be for the yearbook, so please attend!

Yes, the image will be made available for your own personal use.

### Final CLC 12 meeting for Mrs. Jarvis' students on <u>WEDNESDAY</u> AT FLEX in the theatre!

### Capstone is coming! WORTH CLC 12 Students MARKS!!!!

Do You Know When Your Appointment Is???? <u>Have you met</u> with your CLC 12 teacher? <u>Check out your email and/or TEAMS</u> for your <u>scheduled time</u>.

If you missed your scheduled time – contact your teacher immediately!



Could the following students please come to the office to see Ms. Hall

- Mason C.
- Cohen L.
- Kennedy M.
- Sascha M.
- Ea R.
- Brady B.
- Fiona H.
- Nicolas M.

- Jack R.
- Fuyuan Z.
- Elliot H.
- Seonmin K.
- Natalia P.
- Tiffany T.
- Noah R. Vending

#### ATTENTION Science Coop 2024

#### Interview Times will be Posted outside 315! They will begin this week.





#### **Heritage Tennis Team and Club**

Mandatory Meeting in **Room 201 Tuesday March 28** At the **beginning of Flex** – Not the middle If you don't attend, you can not practice or play this season **NO EXCEPTIONS** 

> First practice for all players – Wednesday March 29 at Port Moody Town Center Courts – <mark>4-5pm</mark>

#### Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Art Club – Wah Kee Ting Barz Club – Giovanni Zenone Book Club – Melody Ferrer Business Club - Paul Sather Chess Club – Frank Sun Creative Minds Club – Kathy Ross Curling Club – Dailene Wood Debate Club – Giovanni Zenone Dungeons and Dragons Club – Don Blake/Phoebe Nezil Economics Club – Lurenda Gilder Enviro Club – Luke Modder First Responders – Mike Baldus History Club - Paul Chaffee JA Business Club - Paul Sather Kodiak Pride – Karen Leeden Kodiak Pride – Karen Leeden

KWAP Club – Marilyn Nunn Math Club - Linda Weinkam Multicultural Club – Angeline Lee MUN debate club – Paul Chaffee Pediatric Health Alliance – Jacob Gleckman Photo Club – Noriko Vickerson Physics – Pouyan Khalili Power Warmaster – Mike Roest Quilting Club – Dailene Woods Robotics – Doug Au-Lange SOAP (Peer Tutoring) – student run Songwriters Club – Kathy Fester Student Host Club – Angus Chan Ukulele Club – Kathy Fester Wish Youth Network Society Club (WYNS) student run

### KODIAK ATHLETICS



# Guy's Rugby

#### First Game of the Season!

-> Thursday, March 30 -> Here at HWSS, on the turf -> 3:45 / 4:00 pm start -> vs Terry Fox

#### Come on out and cheer them on!

# Girl's Rugby

#### First Games of the Season!

(Returning Provincial Champions!)

- -> Monday, April 3
- -> Away games @ Port Moody Secondary
- -> against PMSS and Terry Fox
- -> 4:00 pm start

If you can travel and make it out, come cheer them on!

## CAREER CENTER



Did you apply to Waterloo and are wondering what's next?

- Join us on Thursday March 30 at flex in the library lab.
- Bring your questions for the Waterloo recruiter

